

Bulldog Bulletin

Vol. 9/Issue 3--- October 2023

Principals Message

Greetings Rocky Run Families,

I'm not sure which is harder to believe - that it's finally Fall OR that we're nearing the end of our first quarter of the school year!
Regardless, both are exciting milestones!



Friday, Oct. 6 = Breakfast with Bulldogs!

Friday, Oct. 6 is scheduled as a teacher workday and is a NO SCHOOL day for students. However, our wonderful PTO is hosting a "Breakfast with Bulldogs" for Bulldogs and their families. We invite you to come on in and have breakfast with your child(ren) from 8 AM - 9 AM. This is a FREE event. Parking will be plentiful! If interested, please RSVP here!

Parent-Teacher Conferences = Monday, Oct. 9

With Friday, Oct. 6 being the official end of our first grading period, we are in preparations for our parent-teacher conferences being held on Monday, Oct. 9. Our conference day window of time is from 10 AM - 6 PM. You will soon be hearing from your child's teacher regarding sign-up opportunities. While these may be relatively short in duration (15-20 min.), they are a VALUABLE way to engage in your child's education by communicating with your child's teacher.

Grade Reports

Your child's Quarter 1 Grade Report (previously known as a "report card") will be posted in ParentVUE by the end of the day on Thursday, Oct. 12. If you have not already done so, please create a ParentVUE account as this is the digital platform through which SCPS will continue to share important academic information about your child. Here's how you can create a ParentVUE account!

Annual Title 1 Mtg. for Parents = Thursday, Oct. 19

Rocky Run will host its annual Title 1 Parent Info Mtg. on Thursday, Oct. 19 at 5:30 p.m. The purpose of this meeting is to educate parents and guardians on what being a Title 1 school is all about, esp. as it relates to our moving from "Targeted Assistance" to "Schoolwide" status! We will also share some of the family survey data from last spring in order to learn how to improve our partnerships. This is open to ALL parents! Pizza will be provided. If you are interested in attending, please RSVP using this link: <u>Title 1 Parent Info Mtg. RSVP</u> The meeting will last approximately 45-60 min.

<u>Trunk or Treat! = Friday, Oct. 27</u>

Our 3rd Annual Trunk or Treat will be held on October 27, 2023, from 6 PM - 8 PM. For any families or businesses interested in participating as one of the trunks this year, you can sign up here: https://forms.gle/YS5aJ66V4nY1TELb9

In preparation for our Trunk or Treat event, we will be collecting candy donations beginning Monday, October 2. Students can drop off their donations in our collection bins at school or parents can drop donations in the bins at Breakfast with Bulldogs or when they come in for conferences on Monday, October 9.

As always, thank you for your partnership and for helping us make Rocky Run ES a great place to learn and grow.

Happy Fall Y'all! Nick Roman



Important October Dates

October 6th - No School Teacher Workday (end of 1st Quarter)
October 9th - No School - Parent/Teacher Conferences
Oct. 12th - Title 1 Parent Info Mtg. at 6:00 p.m
October 27th - Annual Trunk-or-Treat

Important November Dates

November 7th - No School - Election Day November 10th - No School - Veterans Day Observed November 15th- Fall Picture Make-Up Day November 22nd-24th - No School - Thanksgiving Break





In an effort to support our many military families here at school, we will be creating our 17th Annual "RRES Wall of Honor" for Veteran's Day. On the walls of the lobby, we place pictures of family members who are veterans and/or are currently in the military. If you are interested in participating, please send your loved one's picture, with the completed form attached. You can

also find a digital form to fill out on the Rocky Run website! It would also be very helpful if you would write your child's name and teacher's name on the back of the picture, in case the form and picture get separated. We will then scan your picture (return the original to you) and place it on our "RRES Wall of Honor." If you have given us a picture before, just let us know by checking the box and we can reuse that one if you would like. You may also email us the required information and attach your picture to the email; please make the subject line "Wall of Honor". Pictures are due to us no later than October 27, 2023 If you have any further questions or concerns regarding our "Wall of Honor" please feel free to contact Mrs. Allison Kirmse. You may stop by the school office, call 286-1956, or email: kirmsean@staffordschools.net

Wall of Honor Form

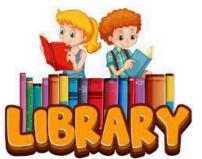
Digital version of the form with a link to submit digital photos.

Wall of Honor.pdf

PDF Version of the Wall of honor form you can print and send in with your student

Download

282.8 KB



Library News

We are currently celebrating Hispanic Heritage Month in the library. Hispanic Heritage Month is when we recognize the contributions and influence of Hispanic Americans to the history, culture, and achievements of the United States.

Stop by the library and visit our Hispanic Heritage book display. We have graphic novels, picture books, non-fiction books, and award-winning chapter books that celebrate the diverse Hispanic influence in America. Many of the books on display are recipients of the Pura Belpre Award.

Pura Belpre was the first Latina librarian for the New York Public Library. She was a children's librarian who worked tirelessly to preserve Puerto Rican folklore and culture in New York City.

The Pura Belpre award, established in 1996, is presented annually to a Latino/Latina writer and illustrator whose work best portrays, affirms, and celebrates the Latino cultural experience in an outstanding work of literature for children and youth.

As always the library is open in the morning from 8:00-8:25 for check out. We can't wait to see you in the library!

Clinic News

FRIENDLY REMINDERS:

Does your child have a FEVER or symptoms of illness????

Although we all want children in school, sick children do not learn and behave as usual. There is also the likelihood that the infection will spread from one child to another. Symptoms such as diarrhea, fever, vomiting, rash, skin lesions, eye drainage, or cough should alert you to the strong



likelihood of a contagious illness. *In other words, if your child has a bad cough, vomiting or diarrhea, fever, eye drainage, or a rash, he/she should not be sent to school!! Often a child will appear better in the morning after some sleep, but still not be well.* If your child was sick or feverish during the night, please keep him/her home the next day. This decision should be made for both the sick child and his/her classmates who might catch the infection. *Do not give medication to relieve fever and then send your child to school.*

<u>Please remember:</u> ALL Classrooms are Peanut/Tree-nut Aware this year (including food processed in a facility/equipment that uses peanuts/tree-nuts). Please see our website for a recommended snack list.

ACCIDENTS HAPPEN!

Please make sure your child has a change of clothes to keep at school or in their backpack.

common sense education

Common Sense for Education

We support pre-K-12 schools with lesson plans, edtech reviews, family resources, and everything else students need to thrive in a connected world.



TIME ONLINE

Developing Good Screen Time Habits Article

https://www.commonsenseme dia.org/articles/how-can-i-helpmy-kids-develop-good-screentime-habits



Red Ribbon Spirit WEEK OF OCT. 23 – OCT. 27 Monday- Support Red Ribbon

Monday- Support Red Ribbon Week – wear lots of RED

Tuesday - Don't Get Mixed Up
with Bad Choices – wear
mismatched clothes

Wednesday – Team Up for
Good Choices – wear your
favorite team shirt/jersey

Thursday - Fall into Good
Choices – wear these fall
colors by grade:
K- Orange, 1st- Yellow, 2ndGreen, 3rd- Red, 4th -Black or
Brown, 5th – White

Friday – Being Safe, Healthy, &
Kind is NO SWEAT – wear
sweat pants or shirt



Music Notes 1

RRES Chorus/Orff Ensemble Is In Full Swing!

CHORUS - The 5th gr Chorus has begun rehearsing in the Activities Room on Tuesdays at 7:25!

4th gr Chorus is also in full swing with Thursday morning rehearsals that begin at 7:25 am, and we can't wait to present our Winter Concert to you on Thursday, December 14, at 7 pm! More info to follow! We will combine together for this performance

<u>ORFF ENSEMBLE</u> - We have kicked off our year with our group of Orff lottery winners, 30 students! We have been busy practicing in the Music room every Wednesday morning from 7:25 – 8:25. We will also be performing our Winter Concert on Thursday night, Dec 14 at 7 pm!

MUSIC CLASSES!

We are all enjoying many fun musical activities in Music Specials! Everything from steady beat, playing percussion instruments, moving to the beat, singing together.... Wow, we are off to a great school year!

r^rYvonne Force-Garcia, Music Specialist Questions: <u>garciayk@staffordschools.net</u>

Counselor's Corner

October is here and it is hard to believe that the first marking period is almost over. It has been great getting to know and see our Bulldogs so far this year. There are a lot of great things happening this month that we hope you will join in with.

Wednesdays in October: October is National Bullying Prevention Month, so we will be wearing ORANGE every Wednesday this month.



During our October lessons, we will be focusing on students being responsible and making SAFE, HEALTHY, and KIND choices. The week of October 23 - 27 we will be celebrating Red Ribbon Week and doing a Spirit Week to remind us about those good choices.

WEEK OF OCT. 23 - OCT. 27

Monday- Support Red Ribbon Week – wear lots of RED

Tuesday - Don't Get Mixed Up with Bad Choices – wear mismatched clothes

Wednesday – Team Up for Good Choices – wear your favorite team shirt/jersey

Thursday - Fall into Good Choices – wear these fall colors by grade:

K- Orange, 1st- Yellow, 2nd- Green, 3rd- Red, 4th -Black or Brown, 5th – White

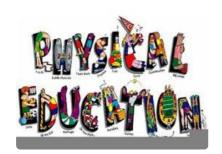
Friday – Being Safe, Healthy, & Kind is NO SWEAT – wear sweat pants or shirt

As always, please contact us if you have questions or concerns about your child.

Allison Adams - Grades 1, 3, and 5 <u>adamsan@staffordschools.net</u>

Daphne Hill - Grades K, 2, and 4 <u>hilldm@staffordschools.net</u>

WEAR AND SHARE ORAGE TO PREVENT BULLYING



G.Y.M. (Get yourself Moving)

October kicks off our Kids Heart Challenge event!! Our heart heroes will teach us about taking care of our own hearts and how to help kids with special hearts. This event will take place during P.E. on Oct. 17,18, & 19th. We will be accepting ONLINE donations only for the American Heart Association all month long. To register click here and it will take you directly to the Rocky Run

page for Kids Heart Challenge. The last day to give a donation will be Oct. 31st.

The P.E. department will be hosting a Karate Club on Tuesdays and Thursdays with Mr. Robert Hampton from Hampton's Karate starting Oct. 10th. Mr. Hampton is donating his time to this fundraiser. The cost is \$20 and will help acquire new P.E. equipment. Please <u>click here to register</u> and <u>here to pay</u>.

Back by popular demand, our Punt, Pass, & Kick contest will be held on Thursday, Oct. 26, from 3:30-4:45 p.m. inside the track. This is for 3rd-5th graders only. Students see how far they can pass, kick, and punt the football. Scores will be added together and 1st, 2nd, and 3rd place medals awarded to the top boys and girls in each grade level. Parent volunteers are welcome. Volunteers will help with scoring, retrieve footballs, and supervise students in a game. To sign up, please click here. Sign-ups will go offline on Oct. 19 by 4:00 p.m.

The weather is finally cooler to be able to do some P.E. outside. We will be running around the track and doing different activities outside. Please make sure your child wears a light jacket if appropriate and tennis shoes on P.E. days so his/her foot is supported during activity. It is also helpful if girls wear shorts under their skirts or dresses.

Thank you, Coach Meredith & Miss Carson

Rocky Run Elementary

Website: https://www.staffordschools.net/RRES

Location: 95 Reservoir Road, Fredericksburg, VA, USA

Phone: (540)286-1956

Facebook: https://www.facebook.com/Rocky-Run-Elementary

Twitter: <a>@RockyRunES



